



SWANSEA | PROVIDENCE | FALL RIVER

Prescription

DATE: _____

PATIENT: _____

DIAGNOSIS: _____

Evaluate and Treat

I certify the above treatment plan is necessary.

DENTIST'S OR PHYSICIAN'S SIGNATURE

DATE

Want to get started?

Give us a call at
(508) 675-3200

Additional Conditions Treated:

- Back and Neck Pain
- Knee, Shoulder, and Elbow Injuries
- Hip, Ankle, and Foot Problems
- Vestibular Dysfunction
- Post-Concussion Syndrome

Locations

Swansea – (508) 675-3200
1010 GAR Highway
Swansea, MA 02777

Providence – (401) 453-5800
271 South Main Street
Providence, RI 02903

Fall River – (774) 893-0500
221 Weaver Street
Fall River, MA 02720

Visit us online at
www.SpechtPT.com

Follow us on

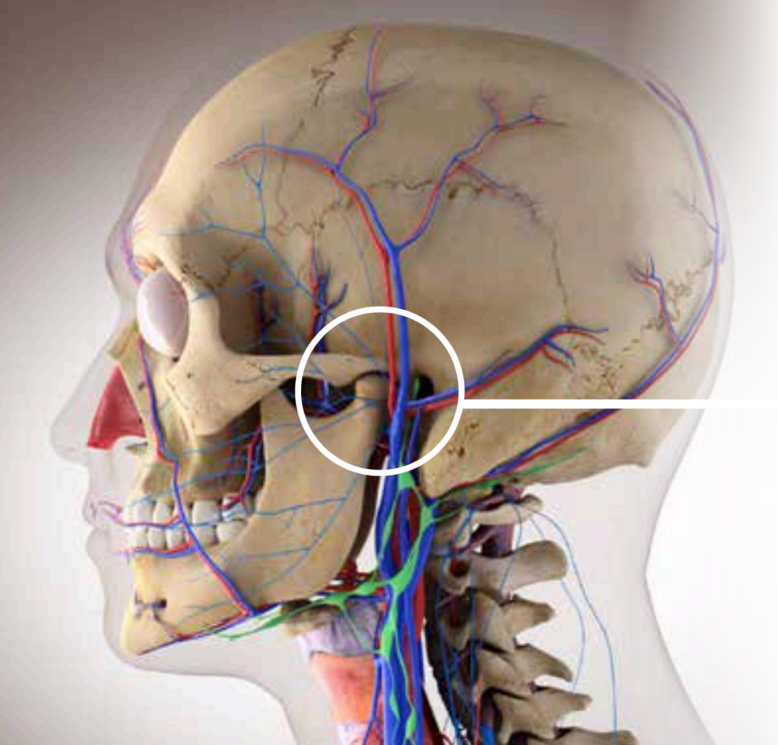


There is hope for
TMJ Pain



**temporomandibular
muscle + joint
dysfunction**





What is the TMJ?

The **TMJ** is where the lower jaw meets the skull.

The temporomandibular joint or TMJ, is a complex joint located in front of each ear. When the TMJ is not working correctly, it can make doing simple things like opening and closing the mouth, biting, chewing, talking, or singing difficult and at times debilitatingly painful. You may also have headaches, neck pain, sinus pain, ear pain, dizziness, and ringing in the ears.

TMJ pain, or Temporomandibular Dysfunction, is not strictly limited to the jaw, it can also be influenced by head and neck alignment and posture.

***We are here to help you
get better, faster***

The goal of physical therapy treatment for Temporomandibular Dysfunction is to provide pain relief so you can get back to yourself and your normal lifestyle.

Treatment for Temporomandibular Dysfunction includes:

- A comprehensive evaluation of head, neck, and jaw.
- Range of motion, posture, soft tissue, and joint mobility analysis.
- Individualized treatment program specific to your needs including modalities, joint mobilization, soft tissue mobilization, postural education, neuromuscular reeducation and TMJ-specific management techniques.
- Collaboration with referring physician or dentist to ensure comprehensive and integrated care.

Do you experience the following on a regular basis?

- Jaw Clicking and/or Popping
- Face or Jaw Pain
- Limited Jaw Opening
- Ear Pain
- Tinnitus (Ringing in the Ears)
- Headache
- Neck Pain
- Dizziness

You may have TMJ Pain.

www.SpechtPT.com

Insurances Accepted

- Blue Cross + Blue Shield MA, RI, out-of-state plans
- United Health Care
- Tufts Health Plan
- Unicare + GIC
- Tricare
- Medicare
- Worker's Compensation
- Auto Insurance